

Carolyn White, PhD, is an author, speaker, intuitive chakra life coach, teacher and metaphysician. For over 40 years, she has pursued all things metaphysical—from astrology, tarot, reflexology, color therapy to intuitive readings. Since certification as an Aura Video Station consultant in 2005, she has helped many individuals understand their Human Energy System—the aura and chakras.

Carolyn is the author of *Think It->Say It -> Be It: Use Your Words to Change Your Life*, *Chakra Mastery: 7 Keys to Discover Your Inner Wisdom*, a series of eight companion journals for *Chakra Mastery*, *Color Me Healthy Wealthy and Wise: Transform Your Life with Colors and Crystals* and *My Journal Adventures with Colors and Crystals*.

As a speaker, Carolyn interweaves knowledge, humor, insight, wisdom, love and light into all of her presentations and interviews. Carolyn's playshops are empowering, informative and interactive. Visit her website at www.CarolynWhitePhD.com or www.ChakraCoach.me.